

## Pre-Surgical & Prescription Instructions

### Pre-Surgical Instructions:

- NO liquids 4 hours prior to your procedure. You may have one sip in order to take your medication
- Take 4 Tums antacid tablets the night before and 4 Tums the morning of your surgery
- Please continue your routine prescribed medication unless otherwise advised.
- NO Coffee or Tea 4 hours prior to your procedure.
- Please wear warm clothes to the office. Please do NOT wear flip flops or slide-on shoes due to tripping hazards.

**\*\*\*If you were prescribed medication for your procedure, it will be highlighted below\*\*\***

### Antibiotic Medication

- Amoxicillin 500 mg - Take 4 capsules 1 hour before surgery followed by 1 capsule 3 times a day for 5 days.
- Metronidazole 500 mg - Take 2 tablets 1 hour before surgery followed by 1 tablet 4 times a day for 5 days.
- Azithromycin 250mg - Take 2 tablets 1 hour before surgery followed by 1 tablet daily for 5 days
- Augmentin 875/125mg - Starting 1 day before and 7 days after the surgery, take one tablet 2 times a day
- Ciprofloxacin 500mg - Starting 1 day before and 9 days after the surgery, take one tablet 2 times a day

### Oral Rinses

- **Peridex:** Rinse with ½ ounce 2 times per day starting the day after the procedure.
- **StellaLife:**
  1. Vega Oral Care Rinse - **Shake well.** Swish with 2 Tsp, 3 times a day for at least 1 minute and then spit out. Do Not Swallow. Refrain from eating or drinking for at least 20 minutes after use.
  2. Vega Oral Care Spray - **Shake well.** Spray 4 times under your tongue 3 times per
  3. Vega Oral Care Gel - **Wash Hands.** Apply **GENTLY** to the **gum at the surgical or affected area** with a cotton swab or fingertip. Allow gel to dissolve. Do Not Eat or Drink for 20 minutes after application. Apply 3 times per day.

### Pain Medication

- Tylenol 325mg (Over the Counter Medication) - Take 1 to 2 tablets every 6 hours **\*\*Do not take with Tylenol #3\*\***
- Ibuprofen 200mg (Over the Counter Medication) - Take 2 to 4 tablets every 6 to 8 hours
- Tylenol #3 (Tylenol with codeine) - Take 1 or 2 tablets every 6 hours
- Norco - Take 1 tablet every 4 to 6 hours after the procedure
- Percocet - Take 1 tablet every 6 hours after the procedure
- Ultram - Take 1 or 2 tablets every 6 hours

### Sedation Medication (Please bring additional tablets with you to your procedure)

- Triazolam (2 Tabs) - Take 2 Tablets 1.5 hour before surgery.
- Triazolam (2 Tabs) - Take 1 Tablets 1.5 hour before surgery. **WE** will give you the other Tablet if needed.
- Triazolam (3 Tabs) - Take 2 Tablets 1.5 hour before surgery. **WE** will give you the other Tablet if needed.
- Triazolam (4 Tabs) - Take 2 Tablets 1.5 hour before surgery. **WE** will give you the other Tablets if needed.
- Triazolam (4 Tabs) - Take 3 Tablets 1.5 hour before surgery. **WE** will give you the other Tablet if needed.
- Triazolam (5 Tabs) - Take 3 Tablets 1.5 hour before surgery. **WE** will give you the other Tablet if needed.

**\*\*\*This medication causes drowsiness. Escort Required. DO NOT DRIVE! (No Uber / No Lyft) \*\*\***

**SEE OTHER SIDE for Swelling Management**

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Implant, Laser & Sedation Dentistry

### Swelling Management

- **Medrol DosePak 4mg** - Begin taking Medrol the morning of the appointment. Follow the directions on the package.
  - Day 1 - (6 pills) Take 2 tablets before breakfast, 1 tablet after lunch and dinner, and 2 tablets at bedtime.
  - Day 2 - (5 pills) Take 1 tablet before breakfast, 1 tablet after lunch and dinner, and 2 tablets at bedtime.
  - Day 3 - (4 pills) Take 1 tablet before breakfast and 1 tablet after lunch, after dinner, and at bedtime.
  - Day 4 - (3 pills) Take 1 tablet before breakfast, after lunch, and at bedtime.
  - Day 5 - (2 pills) Take 1 tablet before breakfast and at bedtime.
  - Day 6 - (1 pill) Take 1 tablet before breakfast.